

# January 2018

## BREAKFAST Elementary

### Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

**PLEASE READ CAREFULLY** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**Please note:** Starting in January, pre-kindergarten students will be served a different entrée, highlighted below, each day. Only white milk will be offered to pre-kindergarten students. Thank you!

365 Cinnamon Frosted Flake Pouch  
670 Fresh Fruit  
752 Fruit Punch Juice  
PreK: 346 Kix Cereal

8

366 Blueberry Bagel  
690 Strawberry Amazin' Raisins  
749 Apple Cherry Juice  
PreK: 340 Sweet Potato Muffin

9

350 Apple Cinnamon Cheerios Bar  
670 Fresh Fruit  
750 Apple Juice  
PreK: 366 Blueberry Bagel

10

334 Cinnamon Toast Crunch Cereal  
670 Fresh Fruit  
647 Dole Mandarin Oranges  
PreK: 344 Honey Scooters Cereal

11

323 Apple Cinnamon Muffin  
670 Fresh Fruit  
684 Wild Watermelon Applesauce  
PreK: 332 Apple Cinnamon Muffin

12

**Martin Luther King Jr. Day**

15

329 Trix Cereal Bar  
684 Wild Watermelon Applesauce  
752 Fruit Punch Juice  
PreK: 342 Oat Blenders Cereal

16

368 Plain Bagel  
670 Fresh Fruit  
696 Raisins  
PreK: 369 Berry Blast French Toast

17

328 Chocolate Chip Muffin  
752 Fruit Punch Juice  
670 Fresh Fruit  
PreK: 347 Alpha Bits Cereal

18

313 Cranberry Apple Rebel Crumble  
670 Fresh Fruit  
753 Orange Juice  
PreK: 368 Plain Bagel

19

328 Chocolate Chip Muffin  
752 Fruit Punch Juice  
670 Fresh Fruit  
PreK: 335 Banana Muffin

22

304 Cinnamon Bagel-fuls  
750 Apple Juice  
658 Dried Fruit Blend  
PreK: 343 Rice Chex Cereal

23

334 Cinnamon Toast Crunch Cereal  
670 Fresh Fruit  
748 Grape Juice  
PreK: 366 Blueberry Bagel

24

359 Honey Scooters Cereal  
697 Sliced Apples  
647 Dole Mandarin Oranges  
PreK: 339 Orange Cranberry Muffin

25

368 Plain Bagel  
670 Fresh Fruit  
696 Raisins  
PreK: 346 Kix Cereal

26

327 Pillsbury Mini Maple Waffles  
670 Fresh Fruit  
749 Apple Cherry Juice  
PreK: 331 Orange Pineapple Muffin

29

359 Honey Scooters Cereal  
684 Wild Watermelon Applesauce  
752 Fruit Punch Juice  
PreK: 346 Corn Flakes Cereal

30

323 Apple Cinnamon Muffin  
670 Fresh Fruit  
658 Dried Fruit Blend  
PreK: 368 Plain Bagel

31

304 Cinnamon Bagel-fuls  
670 Fresh Fruit  
748 Grape Juice  
PreK: 330 Blueberry Muffin

1

329 Trix Cereal Bar  
670 Fresh Fruit  
750 Apple Juice  
PreK: 347 Alpha Bits Cereal

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